

AN INTERVIEW WITH MEDIUM NEAL RZEPKOWSKI, MD

Q: At what age did this ability develop, and was there a significant event that started you down this path?

Neal: When I was in high school, about age 16 or 17, I went to Lily Dale with some high school friends and got my first reading from a medium named Tom Bartlett. He's been in Spirit many years now. I was raised Catholic and went to Catholic Grade school. I thought at that time that only Saints could communicate with the "beyond." I was also at that age when I questioned if there was anything more beyond the physical and wondered if what I was taught was all made up. When Tom brought me my uncle in spirit by name and description, I was amazed that he could do this: a) he wasn't a saint as far as I could tell and besides, b) he wasn't even Catholic! I began to think: "Wow, if he can do this that maybe anybody can do this; and if he can't, then he has a neat trick!" I decided then to go to Spiritual development classes and either learn the trick or really do it. In college I attended a Spiritualist church in the Albany, New York area and took development classes. The first year, there were 43 of us divided into two classes. I learned some interesting stuff but didn't see where one could communicate yet with the other side. By the time the second year class started, there were only 13 or 14 of us who continued. I thought to myself that maybe they were seeing who was sincere and were weeding out the others so that they could give us the "trick." In the middle of that year, we were asked to practice giving messages to members of the third year class one night. A lady in the audience scratched her nose so she drew my attention. I suddenly remembered what the capitol dome looked like in Washington. I had seen it in college trips down to Florida for spring break. I imagined it was sitting over her head, so I thought Washington must be on her mind. I then remembered the toy army guys we used to play with as kids. There was one standing beside the capitol, so I told her she must be worried about a son she had who was in the army and stationed near Washington. She said I was exactly right! I was so excited I lost the rest of the message, but I learned that there was no "trick." If there was any "trick," it was learning to trust your "imagination." "It's just your imagination" was taught to me growing up and I was taught it wasn't reliable. I learned that it can be developed into something that WAS reliable when it came to tuning in psychically. That was the beginning of my learning to do mediumship. I have continued to practice since then. I never considered myself a "born psychic," but I found that we all have this ability to some extent and we all can learn to develop it to a greater or lesser degree if we really want to.

Q: Describe your work as a medical doctor.

Neal: After college I ended up in medical school. I originally went to college for engineering then thought it would be nice to be either a Biology teacher or forest ranger instead, so I switched majors to biology. There I met the pre-med students. I couldn't see any of them as being MY doctor, so I thought I'd see if I could get into med school first. I got in! (Interestingly, that first reading I ever got told me I would end up as a doctor!)

Q: Do you ever integrate intuitiveness into your medical practice?

Neal: I think all experienced doctors use their intuition to some degree. Of course most of them don't call it that; they call it "experience." One old time family doctor gave me some advice when I was a resident. He said that in his experience he found that even if he knew what was wrong with a patient and knew what to do for them, he had much more success if he had an excuse to touch them, even if it was just to take their blood pressure. I remember this and always touch or hug my patients and send them healing when I do this.

Q: Can you describe the process you go through in communicating with spirit?

Neal: Most of the time I envision things, similar to when I saw the capitol dome above that woman's head. Sometimes I see letters or remember someone in my family who has a correspondence to whom I am communicating with in that person's family. I hear things once in a while, and I feel emotions of sensations which have meaning in the reading. So it is not just limited to "clairvoyance" but to other forms of input as well.

Q: Do you think that psychic information can be differentiated from information from spirit?

Neal: Sometimes that can be hard to do, but with patience and practice you can usually know the difference.

Q: Any advice to those who seek their own communication with spirit?

Neal: "Seek, and ye shall find" holds true for those who want to open their own lines of communication with Spirit. It takes commitment and practice, but the results follow.

Q: How do you manage your work as a Medium?

Neal: I do readings more as a side line or hobby, since my main work at this point is with patients. I also teach spiritual development subjects. I do readings in person and by phone, but don't advertise a whole lot. I don't even have a web site.

Dr. Rzepkowski, has donated his time to Forever Family Foundation as one of its Certified Mediums and can be reached via email at docneal@mac.com